# **SWIMMING**

Premium per participant (optional) MUR 305

Read the insurance policy.

Every participant may take out insurance cover for MUR 25,000 for injury requiring hospital treatment. All extra charges shall be their sole responsibility. This option carries an additional fee of MUR 305 per person.

### Age restrictions

Any person up to the age of 65 may enter the competition.

A minimum age of 16 years old is required to run the Triathlon, The Relay, SOLO MTB 40KM and SOLO Running 12KM.

The SOLO Running 6KM is open to all.

The participants' age on 31 December 2020 determines their respective categories.

Minors must provide a parental authorization to register for any race.

#### **Prizes**

Medals and cups will be awarded on the same day at Azuri.

For the following races: Triathlon, SOLO MTB 40KM, SOLO Running 12KM and SOLO Running 6KM the first 3 Women and the first 3 Men will be podium winners.

For the relay race, teams can be women only, men only or mixed. The first 3 teams will be podium winners.

ONLY for the SOLO Running 6KM a children's ranking as below will apply:

Under 11 – first 3 girls and first 3 boys

Under 14 – first 3 girls and first 3 boys

Junior 15-18 years old – first 3 girls and first 3 boys

# Time challenge

Sponsors have committed to donate Rs 25,000 to the NGO for every challenge won.

RACE	Time to challenge
SOLO MTB 40KM	1h40
SOLO Running 6KM	25min
SOLO running 12KM	50min
RELAY	1h20
TRIATHLON	1h30

# To read carefully

By virtue of my registration as a participant on the IBL on the Move website (iblonthemove.com), I hereby acknowledge having read and agreed to the obligations arising from the statements that follow.

I affirm that I am physically and morally fit to participate in the proposed activities and I confirm that my sports equipment is in good condition, so I disengage IBL and its subsidiary companies as well as their officers, employees, directors, shareholders, partners, under contractors, volunteers, affiliates from all sides (hereinafter "IBL Group"), of any liability in the event of accidents, minor, serious or fatal injuries as a result of non-disclosure of medical information or in case of accident due to negligence or caused by my sports equipment. In consideration of the services offered by IBL Group, I declare, accept and acknowledge the following:

- 1. I agree to read and respect the rules of the IBL On the Move 2020 sporting event.
- 2. I agree to take responsibility for the risks inherent in the activities I decided to take part in.

- 3. I confirm that I am informed that I have the possibility of taking out insurance in the event of an accident or injury requiring clinical care, up to Rs 25,000. Any additional costs will be at my expense.
- 4. If I decide not to take out insurance, I take full responsibility for medical expenses in the event of an accident or injury requiring clinical care.
- I confirm that I am not under the influence of alcohol, drug(s) or doping product(s).
- 6. My participation in the IBL on the Move event is purely voluntary and I have chosen to participate with full knowledge of the facts.
- 7. I take full responsibility for my sports equipment.
- 8. I agree to disengage IBL Group from all claims, claims or legal / criminal proceedings that may be made by me and / or my assigns following my participation in the IBL on the Move event.
- 9. I accept to exonerate IBL Group from any legal / criminal proceedings and liability for loss of materials, damages and costs incurred by a participant, rescuer or any other person as a result of my conduct or participation in IBL on the Move.
- 10. Despite all the efforts and precautions taken by IBL Group, to ensure my safety, I recognize that these activities include certain risks that cannot be eliminated without destroying the unique cachet of these same activities.
- 11. These same risk factors can lead to loss or damage to property, injury, illness or, in extreme cases, permanent trauma, disability or death. I also understand that IBL Group considers it important to warn me in advance of the risks inherent in the activities I have decided to participate in.
- 12. I understand that by ticking the box above, I accept never to sue IBL Group for any bodily injury, loss or damage to my equipment, death of any person in any respect legal except for obvious professional negligence of IBL Group.
- 13. I authorize IBL Group to use, reproduce, and / or distribute photographs, films, tapes and recordings of my person for advertising purposes to promote the event.

Price: MUR 500

# **MOUNTAIN BIKE**

Premium per participant (optional) MUR 305

Read the insurance policy.

Every participant may take out insurance cover for MUR 25,000 for injury requiring hospital treatment. All extra charges shall be their sole responsibility. This option carries an additional fee of MUR 305 per person.

### Age restrictions

Any person up to the age of 65 may enter the competition.

A minimum age of 16 years old is required to run the Triathlon, The Relay, SOLO MTB 40KM and SOLO Running 12KM.

The SOLO Running 6KM is open to all.

The participants' age on 31 December 2020 determines their respective categories Minors must provide a parental authorization to register for any race.

#### **Prizes**

Medals and cups will be awarded on the same day at Azuri.

For the following races: Triathlon, SOLO MTB 40KM, SOLO Running 12KM and SOLO Running 6KM the first 3 Women and the first 3 Men will be podium winners.

For the relay race, teams can be women only, men only or mixed. The first 3 teams will be podium winners.

ONLY for the SOLO Running 6KM a children's ranking as below will apply:

Under 11 – first 3 girls and first 3 boys

Under 14 – first 3 girls and first 3 boys

Junior 15-18 years old – first 3 girls and first 3 boys

# To read carefully

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- 1.I agree to read and respect the rules of the IBL On the Move 2020 sporting event.
- 2.I agree to take responsibility for the risks inherent in the activities I decided to take part in.
- 3.I confirm that I am informed that I have the possibility of taking out insurance in the event of an accident or injury requiring clinical care, up to Rs 25,000. Any additional costs will be at my expense.
- 4.If I decide not to take out insurance, I take full responsibility for medical expenses in the event of an accident or injury requiring clinical care.
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- 6.My participation in the IBL on the Move event is purely voluntary and I have chosen to participate with full knowledge of the facts.
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- 11. These same risk factors can lead to loss or damage to property, injury, illness or, in extreme cases, permanent trauma, disability or death. I also understand that IBL Group considers it important to warn me in advance of the risks inherent in the activities I have decided to participate in.
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- 13.I authorize IBL Group to use, reproduce, and / or distribute photographs, films, tapes and recordings of my person for advertising purposes to promote the event.

Price: MUR 500

# **RUNNING**

Premium per participant (optional) MUR 305

Read the insurance policy.

Every participant may take out insurance cover for MUR 25,000 for injury requiring hospital treatment. All extra charges shall be their sole responsibility. This option carries an additional fee of MUR 305 per person.

#### Age restrictions

Any person up to the age of 65 may enter the competition.

A minimum age of 16 years old is required to run the Triathlon, The Relay, SOLO MTB 40KM and SOLO Running 12KM.

The SOLO Running 6KM is open to all.

The participants' age on 31 December 2020 determines their respective categories Minors must provide a parental authorization to register for any race.

# **Prizes**

Medals and cups will be awarded on the same day at Azuri.

For the following races: Triathlon, SOLO MTB 40KM, SOLO Running 12KM and SOLO Running 6KM the first 3 Women and the first 3 Men will be podium winners.

For the relay race, teams can be women only, men only or mixed. The first 3 teams will be podium winners.

ONLY for the SOLO Running 6KM a children's ranking as below will apply:

Under 11 – first 3 girls and first 3 boys

Under 14 – first 3 girls and first 3 boys

Junior 15-18 years old – first 3 girls and first 3 boys

### To read carefully

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I affirm that I am physically and morally fit to participate in the proposed activities and I confirm that my sports equipment is in good condition, so I disengage IBL and its subsidiary companies as well as their officers, employees, directors, shareholders, partners, under contractors, volunteers, affiliates from all sides (hereinafter "IBL Group"), of any liability in the event of accidents, minor, serious or fatal injuries as a result of non-disclosure of medical information or in case of accident due to negligence or caused by my sports equipment. In consideration of the services offered by IBL Group, I declare, accept and acknowledge the following:

- 1.I agree to read and respect the rules of the IBL On the Move 2020 sporting event.
- 2.I agree to take responsibility for the risks inherent in the activities I decided to take part in.
- 3.I confirm that I am informed that I have the possibility of taking out insurance in the event of an accident or injury requiring clinical care, up to Rs 25,000. Any additional costs will be at my expense.
- 4.If I decide not to take out insurance, I take full responsibility for medical expenses in the event of an accident or injury requiring clinical care.
- 5.I confirm that I am not under the influence of alcohol, drug(s) or doping product(s).
- 6.My participation in the IBL on the Move event is purely voluntary and I have chosen to participate with full knowledge of the facts.
- 7.I take full responsibility for my sports equipment.
- 8.I agree to disengage IBL Group from all claims, claims or legal / criminal proceedings that may be made by me and / or my assigns following my participation in the IBL on the Move event.
- 9.I accept to exonerate IBL Group from any legal / criminal proceedings and liability for loss of materials, damages and costs incurred by a participant, rescuer or any other person as a result of my conduct or participation in IBL on the Move.
- 10.Despite all the efforts and precautions taken by IBL Group, to ensure my safety, I recognize that these activities include certain risks that cannot be eliminated without destroying the unique cachet of these same activities.
- 11. These same risk factors can lead to loss or damage to property, injury, illness or, in extreme cases, permanent trauma, disability or death. I also understand that IBL Group considers it important to warn me in advance of the risks inherent in the activities I have decided to participate in.
- 12.I understand that by ticking the box above, I accept never to sue IBL Group for any bodily injury, loss or damage to my equipment, death of any person in any respect legal except for obvious professional negligence of IBL Group.
- 13.I authorize IBL Group to use, reproduce, and / or distribute photographs, films, tapes and recordings of my person for advertising purposes to promote the event.

Price: MUR 500

# **RULES AND REGULATIONS FOR RELAY AND TRIATHLON**

"IBL On the Move 2020"

#### **Rule 1: Registration**

Any person up to the age of 65 may enter the competition. For persons aged less than 18, parental consent is required to approve the registration of a participating minor. (The consent should be sent by email on OnTheMove@IBLGroup.com)

Online registrations on www.roag.org are open from January 31 to February 27, 2020. Payment must be made within 48 hours of registration.

# Rule 2: Entry fee

The entry fee is MUR 1,500 per team for Relay and MUR 800 for Triathlon. Once payment has been made, no refund will be granted in the event of a withdrawal.

# Rule 3: Equipment and transport

- Participants are responsible for the transport of their sports equipment throughout the route.
- Participants are responsible for their own transport.
- All cycling participants must have a bike helmet.
- All mountain bikers and runners must carry at least 1 litre of drinking water.

#### **Rule 4: Entries**

Each entry is personal, firm and definitive, for which no refund on any grounds whatsoever shall be granted. No transfer of entries shall be allowed whatever the reason. Any person transferring their race number to a third party shall be considered liable in the event of an accident occurring or being caused by this third party during the race.

### **Rule 5: The IBL Sporting Code**

Every participant undertakes to adopt and respect the IBL sporting code throughout the event, namely:

- Comply with the rules for the event
- Respect the sponsors and organisers
- Respect the other participants
- Exercise self-control in all circumstances
- Avoid using any communal language
- Be exemplary, generous and tolerant
- Respect the environment
- Play fair.

#### Rule 6: Issue of number bibs

The number bibs for the triathlon race will be issued a few days before the event. No bib will be sent by post nor issued on the actual day of the event.

# Rule 7: Health services and road safety

The emergency and medical services covering the event may decide to remove from the race any competitor for medical reasons. Any competitor who has been thus removed and who decides to continue the race shall assume full responsibility for their decision, and the event organisers shall not be held responsible in the case of an accident.

Every participant aged 18 and above may take out insurance cover for MUR 25,000 when registering for the event for an additional fee of MUR 305 per participant. All extra charges shall be their sole responsibility. If a participant decides not to take out any insurance, they will be solely liable for all medical expenses in the event of an accident or injury requiring hospital treatment.

The race marshals and the police will be responsible for road safety. However, it is essential that all participants respect the Highway Code. The roads to be used for the mountain bike race and the running event will remain open to normal traffic.

# **Rule 8: Prizes**

Medals and cups will be awarded on the spot at Azuri.

# **Rule 9: Disqualification/Quitting**

Any incomplete team showing up on the day of the event will be disqualified from the relay. Anyone wishing to drop out during the course automatically disqualifies their relay team. Exceeding the maximum time allowed for cycling, running, swimming leads to the disqualification of the participant:

The maximum time allowed to finish each leg is:

#### For Relay:

Swimming: 1 hour.Mountain bike: 2 hours.

Running: 1 hour and 30 minutes.

#### **For Triathlon**

- Maximum time allowed: 4 hours.

The organisers of the IBL On the Move triathlon and relay races reserve the right to disqualify a participant for cheating or failure to comply with the IBL Sporting Code.

Supplying a triathlete, mountain biker or a runner with food and drink during the race or following a triathlete on the route is strictly forbidden and will result in disqualification.

The use of fins and tuba is strictly forbidden during the swimming leg and will result in disqualification.

# **RULES AND REGULATIONS FOR SOLO RACES**

MTB 40 KM or 6KM running or 12KM running "IBL On the Move 2020"

### **Rule 1: Registration**

Any person up to the age of 65 may enter the competition. For persons aged less than 18, parental consent is required to approve the registration of a participating minor. (The consent should be sent by email on OnTheMove@IBLGroup.com)

Online registrations on www.roag.org are open from January 31 to February 27, 2020. Payment must be made within 48 hours of registration.

# Rule 2: Entry fee

The entry fee is MUR 1,500 per team for Relay and MUR 800 for Triathlon. Once payment has been made, no refund will be granted in the event of a withdrawal.

#### Rule 3: Equipment and transport

- Participants are responsible for the transport of their sports equipment throughout the route.
- Participants are responsible for their own transport.
- All cycling participants must have a bike helmet.
- All mountain bikers and runners must carry at least 1 litre of drinking water.

#### **Rule 4: Entries**

Each entry is personal, firm and definitive, for which no refund on any grounds whatsoever shall be granted. No transfer of entries shall be allowed whatever the reason. Any person transferring their race number to a third party shall be considered liable in the event of an accident occurring or being caused by this third party during the race.

# **Rule 5: The IBL Sporting Code**

Every participant undertakes to adopt and respect the IBL sporting code throughout the event, namely:

- Comply with the rules for the event
- Respect the sponsors and organisers
- Respect the other participants
- Exercise self-control in all circumstances
- Avoid using any communal language
- Be exemplary, generous and tolerant
- Respect the environment
- Play fair.

# Rule 6: Issue of number bibs

The number bibs for the triathlon race will be issued a few days before the event. No bib will be sent by post nor issued on the actual day of the event.

# Rule 7: Health services and road safety

The emergency and medical services covering the event may decide to remove from the race any competitor for medical reasons. Any competitor who has been thus removed and who decides to continue the race shall assume full responsibility for their decision, and the event organisers shall not be held responsible in the case of an accident.

Every participant aged 18 and above may take out insurance cover for MUR 25,000 when registering for the event for an additional fee of MUR 305 per participant. All extra charges shall be their sole responsibility. If a participant decides not to take out any insurance, they will be solely liable for all medical expenses in the event of an accident or injury requiring hospital treatment.

The race marshals and the police will be responsible for road safety. However, it is essential that all participants respect the Highway Code. The roads to be used for the mountain bike race and the running event will remain open to normal traffic.

#### **Rule 8: Prizes**

Medals and cups will be awarded on the spot at Azuri.

# Rule 9: Disqualification/Quitting

Any participant exceeding the maximum time allowed for the cycling, running and swimming legs will be disqualified.

- Mountain bike: 3 hours
- Running 12kms: 2 hours and 30 minutes
- Running 6kms: 1 hour and 30 minutes

The organisers of the IBL On the Move reserve the right to disqualify a participant for cheating or failure to comply with the IBL Sporting Code.

Supplying a mountain biker or a runner with food and drink or following them on the route in a car is strictly forbidden and will result in disqualification.

# KIDS T/SHIRT SIZE AND ADULT T-SHIRT SIZE

8y-10y

11y-13y

14y-17y

XS - 3XL